

HOW WE LIVE

Philosophy & Psychotherapy *conference*



Celebrating
20
YEARS



Join us to mark the 20th anniversary of the
New School of Psychotherapy and Counselling

9 July 2016
8.30am–17.30pm
British Library Conference Centre
96 Euston Rd, London NW1 2DB

Keynote speakers
Julian Baggini
Emmy van Deurzen
Digby Tantam

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Programme

To book online,
simply scan QR code



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- 8.30 Registration and coffee
- 9.15 **Introductory remarks** *Digby Tantam and Emmy van Deurzen* Auditorium
- 9.30 **Being philosophical about living and dying** *Digby Tantam* Auditorium
- 9.50 **No therapy, please, we're philosophers!** *Julian Baggini* Auditorium
- 10.10 **Finding reasons to live** *Emmy van Deurzen* Auditorium
- 10.30 **Debate between the speakers** Chaired by: *Sasha van Deurzen-Smith* Auditorium
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- 11.00 Coffee break
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- 11.30 **Debate between the speakers with questions from the audience**
Facilitated by: *Dr. Neil Lamont and Dr. Claire Arnold-Baker* Auditorium
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- 12.30 Lunch
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- 13.30 **WORKSHOPS SESSION 1**
- Living with philosophy** *Julian Baggini* Auditorium
- Existential therapy and human development** *Martin Adams* Brontë Room
- Existential coaching** *Sasha van Deurzen-Smith* Chaucer Room
- Philosophy and trauma** *Simon Du Plock* Dickens Room
- Finding your identity** *Helen Hayes* Eliot Room
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- 15.00 Tea break
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- 15.30 **WORKSHOPS SESSION 2**
- Existential spirituality** *Emmy van Deurzen* Auditorium
- What matters to you and I?** *Digby Tantam* Brontë Room
- Transformation through existential crisis** *Claire Arnold-Baker* Chaucer Room
- Phenomenology and human emotions** *John Bennett* Dickens Room
- Time and existential therapy** *Neil Lamont* Eliot Room
- 17.00 **Plenary with all workshop presenters** Auditorium
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- 17.30 End